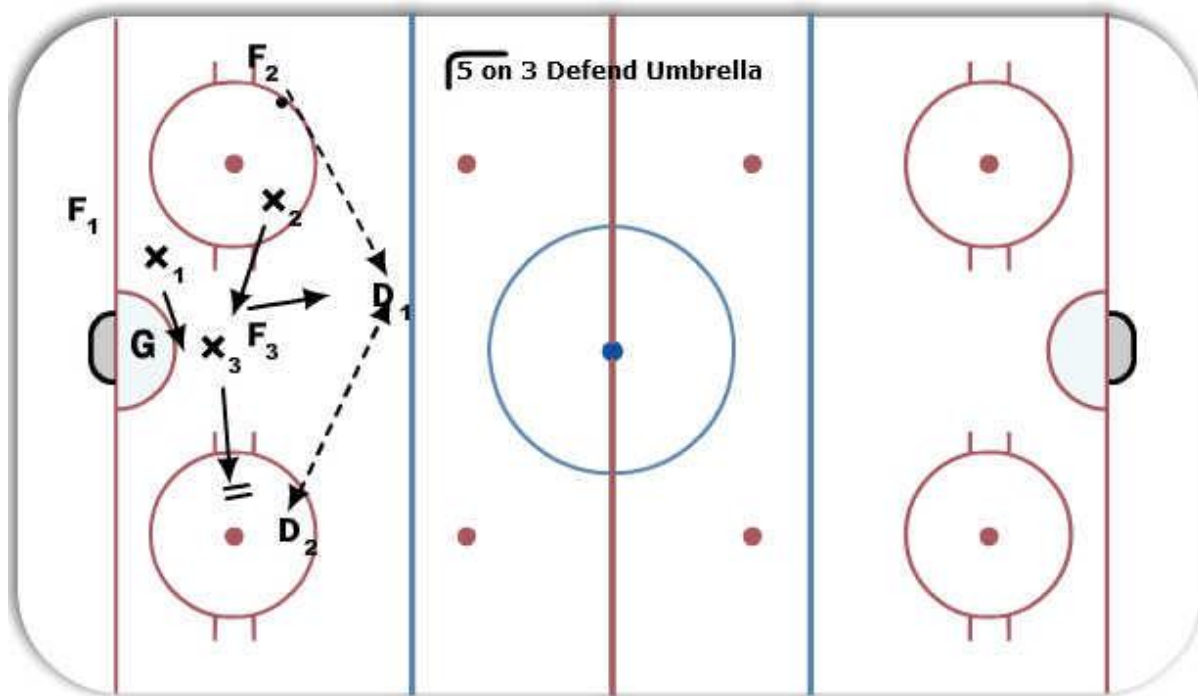


## PK 5 on 3 Defend #2



### Description

When pass made to Dman at point from half boards X<sub>2</sub> to track puck and quickly move to shooting lane. If puck is quickly passed to D<sub>2</sub> then X<sub>2</sub> to cover Mid to high slot to prevent a pass and shot from this area.

X<sub>3</sub> to quickly track puck to shooting lane of D<sub>2</sub>.

X<sub>1</sub> to move to for net presence and rebound control but must be aware of cross ice pass to players on weak side.

X<sub>2</sub> and X<sub>3</sub> will continue to rotate from slot to half boards to contain puck outside.

Pressure the puck in straight lines.

**Key Points:** Active sticks., Communicate., Body position in shooting lanes., Contain.

### Notes

Get body position in shooting lanes.

Never get tied up with the player at the front of the net potentially causing a double scree, play around him and have an active stick on his.

When clearing the puck make sure it goes 200ft.